



May 2004

New Life Programming

Presents: [NLP News & Learning E-Zine Issue 4](#)

“Great beauty, great strength, and great riches are really and truly of no great use; a right heart exceeds all” - - Benjamin Franklin

Hello again, wow ... I have to say the response I have been receiving to this e-zine, recent training and coaching sessions has been incredible. Many thanks to all of you that have e-mailed me offering your support, encouragement and most of all to those that have thanked me for the difference this e-zine and my training has made to their personal lives. Keep sending in your comments.

I have set a target to have this publication read by **1000 opt in subscribers** by the end of the year. If you know someone that would like to read this e-zine then pass this on and remind them to sign up, especially looking forward to hearing from more overseas readers. Many thanks for your help.

The latest NLP Practitioner training with Back on Track has come to a very successful end, 12 new NLP Practitioners have entered the world. I wish them every success in their continued journey and I know they will make a valuable contribution to the world, and to the lives of all of those whose lives they touch. The next NLP Practitioner Trainer will begin in October 2004, anyone that wishes to know more about this excellent program simply [get in touch](#) in the normal ways. More information very soon.

News & Developments

**“For anyone on the downside of advantage but filled with courage;
It’s possible” - - Russell Crowe**

Well the good news is that there is a LOT of good news. [New Life Programming](#) is proud to announce that we now have a professional relationship with [Jim Rohn International](#). Jim Roan is one of the worlds most respected speakers and writer on personal development. Our association with Jim and his organisation is a real honour and I recommend his books, recordings and seminars with confidence. His sponsorship of New Life Programming is highly valued. To visit the Jim Rohn website click: [Jim Rohn International](#)

Those that have been wondering what’s happened to the Robert Dilts modelling project questioner, due to a few technical difficulties it has been delayed. However all things going to plan (a new plan) the questions will be e-mailed out next weekend.

Thanks again for all your feedback and contributions, every one who replies to this questioner will be rewarded with an incredible offer, more information soon.

[New Life Programming](#) now has an online digital partner, Lulu.com. This allows us to have our very own online [Store-Front](#). This will enable us to promote various personal development products and services. Currently we are promoting the e-book “[Six Easy Steps To Build Success](#)”, [Audio Coaching Gems](#) (part one) and our new coaching program [E-Coach™](#), these are now available online. We are planning to add more in the coming months.

As a special offer for all subscribers of this e-zine the e-book “[Six Easy Steps To Build Success](#)” is available at a **50% discount**. Normally priced at \$12.00, now ready for instant download for \$6.00. This offer will only be available for the next **10 days**. Visit our Store at: lulu.com/nlp. **The discount has already been applied.**

We are also now registered with [The General Hypnotherapy Register](#).

Learning Zone

“Effective communication is 20% what you know and 80% how you feel about what you know.” - - Jim Rohn

Create Your Own Mission Statement for Your Personal and Professional Life

Two of life's greatest tragedies are: Never to have had a great mission in life, and to have fully reached it so there is no challenge remaining.

Are you going where you want to go, doing what you want to do, and are you becoming the person that you really want to become? These are the questions we must ask ourselves. Set some quiet time aside after you have finished reading this e-zine,

Stand in front of a mirror, and look ... look hard at what you see now, and what you “could” be in the future. See the two you's in the mirror of your mind:

1. Really see the reflection of the person you are today.
2. Truly see the image of who you want to be in the future.

Each time I do this exercise I am amazed at how much I have developed as a person over the past 6 years.

As you reflect on your past and anticipate the future, remember that virtually nothing you have experienced has been wasted. It all blends together into wisdom and knowledge, and creates your own unique identity. Remember, no failure, only feedback. You are always building yourself, building your future.

Action Idea: In your professional life, what is most important for you to achieve in the remainder of career? In your personal life, what is most important for you to achieve in the remainder of your life? Find a friend, one that you can trust. Set a

challenge. Coach and encourage each other to reach these life dreams. Remember, to achieve more, you must become more.

As you consider your mission, your purpose in life, you may want to consider the following: **Chase your passion, Not your pension.** Passion & purpose in your life will help you take control of your future, additionally research shows that you will give yourself and your loved ones something truly precious. **Ten more years of life, on average.**

Pursuit of a goal wears out very few people. But they rust out by the hundreds of thousands when their pursuit of happiness turns into a "I wish I could do that" as you sit in front of the TV night after night. A job is something you do for money. A career is something you do because you have an inner calling to do it. You want to do it. You love doing it. You're excited when you do it. And you'd do it even if you were paid nothing beyond food and the basics. You'd do it because it's your life.

Be inspired to learn as much as you can, gain skills as much as you can, to find a cause that benefits humankind and you'll be sought after for your quality of service and dedication to excellence.

Action Idea: I ask the following questions when I interview high earning professionals, these questions can really help to get a perceptive on your life, and your future. If you had the time and circumstances allowed, what is one of your most passionate desires in life you would like to pursue? It could be a new business idea, music, sports, or community service. Just think, what's the first step? Chase that passion and live a life that is full of living and a life that enriches the lives of others.

Some Words Of Inspiration

The little things that make a difference

There was a man taking a morning walk at the beach. He saw that along with the morning tide came hundreds of starfish and when the tide receded, they were left behind and with the morning sunrays, they would die. The tide was fresh and the starfish were alive. The man took a few steps, picked one and threw it into the water. He did that repeatedly. Right behind him there was another person who couldn't understand what this man was doing. He caught up with him and asked, "What are you doing? There are hundreds of starfish. How many can you help? What difference does it make?" This man did not reply, took two more steps, picked up another one, threw it into the water, and said, "It makes a difference to this one."

What difference are you making? Big or small, it does not matter. If everyone made a small difference, we'd end up with a big difference, wouldn't we?

And finally I came across the following inspirational few lines, I thought you may enjoy the sentiment, I did.

Goodness

By John Wesley

Do all the good you can,
By all the means you can,
In all the ways you can,
In all the places you can,
At all the times you can,
To all the people you can,
As long as you ever can.

More next time....

"Its worth making sure that how you appear on the outside is broadly based on who you are on the inside" - - Tony Nutley

I wish you happiness and ongoing success.

Kind regards

Tony Nutley *MANLP MTLTAp GQHP*

Trainer & Life Coach

If you know someone that may enjoy this information please feel free to forward this on. If you have been given this and would like to receive your own copy please send a message to info@new-life-programming.com and say, "please add me" in the body text.

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